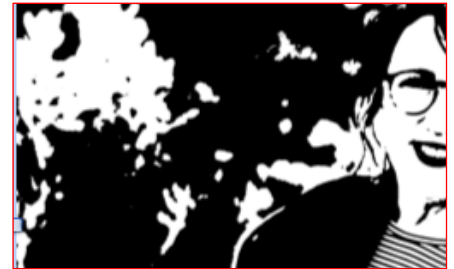


# Coaching with Roxie



## How Does it Work.

### Coaching

- All your coaching is COMPLETELY CONFIDENTIAL
- Professional protocols are followed to ensure your privacy and anonymity
  - Notes and records are kept for the duration of a coaching series via cloud storage
  - Files are identified via a client code (not by name)
  - All files are deleted at the conclusion of the coaching series unless requested otherwise
- Your coaching sessions will be conducted in person, via Skype or over the phone
- Your coaching sessions run for around 45 minutes with longer sessions at the beginning and end of a coaching series
- For optimal outcomes you will catch up with Roxie on a weekly basis
- A coaching series can run for 3, 6 or 12 months – in some cases the coaching can be ongoing
- Roxie will have a 'catch-up' chat with you before your coaching series starts
- At this catch-up you'll receive a personalised *Coaching Pack* which will include a *Coaching Agreement* that must be signed and returned prior to the first coaching session
- One-off (refresher/refocus/catch-up) coaching sessions are only offered to you after you have undergone a coaching series
- Longer one-off coaching sessions are also offered to you if you have a singular event/activity you need to prepare for like job interviews, exams, presentations, etc.
- You can chat with Roxie to see if coaching is for you

### Fees

- A standard 12 session coaching series is \$1,200 inc. GST
- Fees for Executive Coaching, coaching for students and coaching for staff will be determined by your requirements – please contact Roxie to discuss
- Longer, one-off sessions of up to 90mins are \$180.00 inc. GST or students & concession card holders \$150.00 inc. GST
- Payment for a coaching series is to be made monthly, in advance
- All one-off sessions are to be paid in full prior to or on the day of the session

Please keep an eye on Roxie's social media for announcements of any special deals.